

BASIC FULL BODY HARNESS
LIGHT MODEL
QUICK CONNECT

FOR FALL ARREST ONLY

These manufacturer's instructions shall be made available to and understood by all users of this equipment.

This Product is to be:

- Used by properly trained people only
- Used with compatible double locking connectors
- Inspected if subject to impact loading
- Not exposed to chemicals which, may damage the fabric
- Protected from sharp edges and abrasion.

The **EP-76-A** is a basic full body harness with a sub pelvic strap

Double figure 8 configuration eliminates the need for a waist belt and shoulder strap adjustment buckles. The flat bar buckles are easy to use and fall safe. They will not become undone due to vibration or leg movements.

This is a versatile basic fall arrest harness.

*The extended D-ring is mounted on a 3 bar buckle at the center of the upper back and is held on the shoulder by Velcro when not in use.

This facilities connecting a lanyard and still provides a dorsal fall arrest attachment point. Harnesses must be worn so the fall arrest D-Ring is centered between the shoulder blades at the back.

These harnesses are available in 4 sizes: small, medium, large, extra large
Select the correct size for your physical dimensions.

Always visually check that the buckles are properly closed before use.

Always check that each snap hook or carabiner is engaged in D-Ring and/or anchor point and that the keeper is properly closed.

Never rely solely on the feel or sound of a snap good engaging.

Before each use check that:

- **Fabric is free of burns, cuts, broken stitches or excess wear**
- **Rivets are not bent, loose or missing**
- **Buckles and D-rings are not distorted or cracked**
- **Remove from service and discard if it does not pass inspection and replace immediately.**

Never

- **Attach more than one snap hook onto a D-ring**
- **Alter harness in any way.**
- **Work without independent fall arrest system if there is danger of a fall**

Fall arrest anchor points must support a minimum of 5000 lbs. (2240 kg) per attached worker and be independent of worker support.

Only use proper fall arrest connecting device. For harness systems, OSHA requires that impact forces in a fall should not exceed 1800 lbs. (8 KN)

Minimize slack in connecting devices or use a decelerating device (shock absorber) to stay under 1800 lbs. (8 KN)

Rig to avoid contact with structures below in a fall. Free fall distance must not exceed 6' (1.8m) USA or limits specified by provincial regulations (Canada). To allow for deceleration device extension, add 3.2' (1m) to free distance.

Employers: Instruct employee as to proper use and warnings before use of equipment. Read, understand and follow all instructions and warnings attached to and/or packed with each harness before use.

REPAIRS OR ALTERATIONS TO BE MADE BY MANUFACTURER ONLY